



# FUTURE STARS

New fun **basketball coaching** and  
playing opportunities for girls and  
boys aged 6-16!

Sessions on Saturday afternoons  
at **St Sampson's High School.**

New Season starts  
**5<sup>th</sup> of November.**



SPORT



## Below is all the information you need to get signed up to this great new basketball initiative!

For any queries please contact one of the coaches:

Jenny Rees: [jenny.rees@gsysportscom.gov.gg](mailto:jenny.rees@gsysportscom.gov.gg)

tel. 747271

Kerry Smyth: [ksmyth1975@hotmail.co.uk](mailto:ksmyth1975@hotmail.co.uk)

### Info

25 weekly sessions taking place on Saturday afternoons at St Sampson's High School, starting Saturday 5<sup>th</sup> of November. Each participant will receive a welcome pack prior to the coaching program with an introduction to basketball and thereafter literature throughout the program to collect which will form a concise record of their achievement together with additional hand outs relating to rules, tips, advice etc.

### Age Groups

<b>Rookies:</b>	School Year 1	1-2pm
<b>Freshmen:</b>	School Years 2-3	1-2pm
<b>Sophomore:</b>	School Years 4-6	2-3pm
<b>Junior:</b>	School Years 7-9	3-4pm
<b>Senior:</b>	School Years 10-11	4-5pm

### Cost

The cost per participant will be £39.50 (£1.58 per session). This fee covers issued kit (to keep), coaching delivery, league participation and administration costs. Cash or cheques made payable to "Future Stars" are accepted.

**Please post your signed form & payment to:**

**Address:**



Future Stars, Guernsey Sports Commission, The Coach House,

Beau Sejour Leisure Centre, Amherst, St. Peter Port, Guernsey, GY1 2DL

# Application form

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date Of Birth: \_\_\_/\_\_\_/\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

Email: \_\_\_\_\_

Mobile: \_\_\_\_\_ Any medical conditions? Yes / No

Details: \_\_\_\_\_

\_\_\_\_\_

Height: \_\_\_\_\_ (cm/ ft) Chest Size \_\_\_\_\_ (cm)

Other information about the above named person that the instructors/ leaders need to know about:

\_\_\_\_\_

## Emergency contact

Name\*: \_\_\_\_\_

Tel\*: \_\_\_\_\_

*\*Must be available at times of session*

In an effort to make the Future Stars as enjoyable as possible, we ask that each participant and his/her parent/carer, agree to the Future Stars Agreement on the [back](#) of this form.

I have read the activities agreement and I fully understand it.

## Participants

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Parents/Carer

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please tick box if you would not like to be added to the Guernsey Sports Commission mailing list

## FUTURE STARS AGREEMENT

- Respect everyone at the session treating them as you would wish to be treated. Swearing, abusive and hurtful language is not acceptable. Aggressive behaviour or violence **can not** be tolerated. Show respect for all personal property and the facilities.
- Young people have to take responsibility for their actions. In order to ensure the safety and enjoyment for all participants, Future Stars reserves the right to withdraw young people from the scheme.
- We welcome young people of all religious beliefs, faiths, cultures and abilities and believe that each person is an individual and is treated with equal value. The activities that we run strive to provide equal opportunities for all the young people whatever their race, religion, language, culture, gender, health, disability, personality or lifestyle.
- Future Stars reserves the right to cancel or amalgamate activities.
- Future Stars will not accept responsibility for young people arriving prior to the scheduled start time or remaining on site after the scheduled finish time.
- Future Stars would like to take pictures of your child taking part in any of our sessions. The photos may be used for publicity purposes; such as in local news or Future Stars promotional materials. Participants may be asked to give a radio or TV interview, all images and interviews will be taken in line with the GBA/Future Stars Safeguarding Children Policies.
- All sports and activities have an assumed risk. While Future Stars will take all necessary precautions to ensure the safety of all participants unfortunately accidents may occur in consequence. It is understood and agreed that individuals participate at their own risk.

## ABOUT OUR COACHES

- Our lead coaches are UKCC level 2 qualified basketball coaches, first aid qualified, are enhanced background checked and are experienced youth sport workers.
- All coaches are aware and understand the GBA/Future stars Safeguarding Children Policy, which is available upon request.
- A first aider will always be on site.

## COACHING

- Led by UKCC Level 2 qualified and supported by assistants, the programme of coaching is based on England Basketball's Core Coaching topics and the six stages and underlying principles of Long Term Player Development (LTPD)

## INFORMATION

- Bookings are made once the application form has been received by Future Stars and will be on a first-come, first-served basis. Spaces are limited, if our sessions become full we will place names on a reserve list. A confirmation letter will be sent to you to confirm you place or situation.
- Participants must wear suitable clothing (shorts / tracksuit trousers / t-shirt) and footwear (basketball specific shoes or trainers), and bring a drink with you.

